ATLANTA PUBLIC SCHOOLS | Office of Family Engagement
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**PRESENTS**

# VIRTUAL PARENT PROFESSIONAL LEARNINGS
# MAY 2020

## Session #1 - Thursday, May 7th 2:00 pm – 3:00pm

**STRESS BUSTER WORKSHOP**
**BY: University for Parents**

Register at: http://bit.lv/U4P-Stress_Busters

## Session #2 – Friday, May 8th 11:00 am – 12:00 pm

**CYBER SAFETY/BULLYING**
**BY: JESSICA PATER -**
**Parkview Hospital, Indianapolis**

Register at: https://us02web.zoom.us/meeting/register/tZYtdOmorzgtHtHT0cJqXNreCw6AURy7y0J1

## Session #3 – Tuesday, May 12th 11:0 0am – 12:00 pm

**OVERCOMING ANXIETY AND STRESS**
**BY: NZINGA BENTON - APS**

Register at: https://us02web.zoom.us/meeting/register/tZUlceigrD8rH917ZF0rfyP6XP6CHE_u9arV

## Session #4 - Thursday, May 14th 10:00 am – 11:00 am

**CO-PARENTING DURINGCOVID-19**
**BY: DAVID BRANCH-**
**The Book Bank Foundation**

Register at: https://us02web.zoom.us/meeting/register/tZAvcO6tqjwoGNVwuyEY39ikp9NIXEwE91eG

## Session #5 – Wednesday, May 20th 10:00 am – 11:00 am

**MENTAL WELLNESS WITH MINDFULNESS**
**BY: OTTAVIA LANG - APS**

Register at: https://us02web.zoom.us/meeting/register/tZItcOmspzovH9Vc_yuhq23JaYMXeWb3eCDh

## Session #6 - Thursday, May 28th 2:00 pm – 3:00pm

**PSYCHOLOGY OF PARENTING STYLES**
**BY: DR. JILLIAN WHATLEY –**
**Psychologist- Ga State University**

Register at: https://us02web.zoom.us/meeting/register/tZcpduGqrz4sHdMJZiPzME00Cxp6x23CyJQR

**Questions:** Email us at familyengagement@atlanta.k12.ga.us